

ABC Data Resource for Parents

What: ABC data is an assessment tool used to gather information about a student's behavior.

A (Antecedent) = the events, actions or circumstances that occur before a behavior (examples: student is told no, parent is talking to someone else)

B (Behavior) = the student's behavior (examples: hitting, yelling, running away from parent)

C (Consequence) = The action or response that follows the behavior (examples: ignore child, speak to child, take something away from child, give child something)

Why: ABC data will help us to understand why a student might be engaging in a particular behavior.

When to use: When a student is engaging in an undesired behavior and you are trying to determine why.

How to use: When the undesired behavior occurs, immediately record the event that happened right before the behavior (Antecedent), describe what the behavior looked like (Behavior), and the event that happened right after the behavior (Consequence).

Examples:

A (Antecedent)	B (Behavior)	C (Consequence)
Parent tells Joe to stop playing on the computer	Joe screams, "No!" and refuses to leave the computer	Parent tells Joe to leave the computer again
Leah's mom told Leah to come inside the house	Leah hits her mom	Leah is told not to hit and her mom holds her hand and walks her into the house

Tips:

- Take data immediately, don't do it from memory later
- Be honest with the data, don't make up data for anything you do not remember – it is better to leave it blank
- Better to be more descriptive than not. More is better here!

Resources:

- Blank ABC data form attached

ABC Data Sheet

[illegible]